

# Thank you for choosing Key Therapeutics, LLC

## Client Health Profile

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/ Zip Code: \_\_\_\_\_

Email : \_\_\_\_\_ Primary Care Provider/ Phone : \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Emergency Phone # \_\_\_\_\_

Because your symptoms can be produced by a combination of many interrelated factors, it is important that you disclose *if you have ever* suffered from the following conditions:

Please check all that apply, and indicate when first discovered/diagnosed:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Allergies/ Asthma     | <input type="checkbox"/> Digestive Disorder/ IBS    | <input type="checkbox"/> Liver Disease               |
| <input type="checkbox"/> Anemia                | <input type="checkbox"/> Epilepsy/ Seizure Disorder | <input type="checkbox"/> Lyme Disease                |
| <input type="checkbox"/> Arthritis _____       | <input type="checkbox"/> Fainting Spells            | <input type="checkbox"/> Migraines                   |
| <input type="checkbox"/> Arrhythmia            | <input type="checkbox"/> Fibromyalgia               | <input type="checkbox"/> Pacemaker                   |
| <input type="checkbox"/> Anxiety               | <input type="checkbox"/> Growth / Tumors            | <input type="checkbox"/> Pelvic Floor Pain           |
| <input type="checkbox"/> Autoimmune Disease    | <input type="checkbox"/> Heart Disease              | <input type="checkbox"/> PTSD                        |
| <input type="checkbox"/> Balance Issues        | <input type="checkbox"/> HIV                        | <input type="checkbox"/> Sexual Dysfunction          |
| <input type="checkbox"/> Blood Disorder/ Clots | <input type="checkbox"/> Hives/ Skin Rashes         | <input type="checkbox"/> Sinus Pain/Infection        |
| <input type="checkbox"/> Cancer _____          | <input type="checkbox"/> High or Low Blood Pressure | <input type="checkbox"/> Scoliosis/ Kyphosis         |
| <input type="checkbox"/> Chest Pain            | <input type="checkbox"/> Hepatitis/ Jaundice        | <input type="checkbox"/> Spinal/ Brain Injury        |
| <input type="checkbox"/> COVID _____           | <input type="checkbox"/> Headaches                  | <input type="checkbox"/> Stroke/ TIA                 |
| <input type="checkbox"/> Concussion _____      | <input type="checkbox"/> High Cholesterol           | <input type="checkbox"/> Surgically Implanted Device |
| <input type="checkbox"/> Diabetes              | <input type="checkbox"/> Inflammation               | <input type="checkbox"/> Stents                      |
| <input type="checkbox"/> Depression            | <input type="checkbox"/> Kidney Disease             | <input type="checkbox"/> Vertigo                     |

Other: \_\_\_\_\_

## Key Therapeutics, LLC

Please detail all surgeries, medical procedures or serious medical conditions as noted above:

-----  
-----

Please list any medications you have taken in the past 12 months or that you are currently taking including dosage: \_\_\_\_\_

---

Please rate your chief complaint in order of severity:

- |                               |                                   |
|-------------------------------|-----------------------------------|
| ___ Pain                      | ___ Numbness/Tingling             |
| ___ Swelling/Edema            | ___ Fatigue/Body Aches            |
| ___ Decreased Range of Motion | ___ Preventative                  |
| ___ Stiffness                 | ___ Other (please describe below) |
| ___ Loss of Function          |                                   |

Please circle Yes or No to the following questions:

Has there been any change in your general health in the past year?

No Yes: \_\_\_\_\_

Are you now under the care of a medical doctor?

No Yes: \_\_\_\_\_

Have you been hospitalized or been treated for a serious illness in the past five (5) years?

No Yes: \_\_\_\_\_

Does your current complaint interrupt your sleep or cause you to wake earlier than normal?

No Yes: \_\_\_\_\_

Do you experience intolerance to hot or cold or have issues with circulation?

No Yes: \_\_\_\_\_

Have you had a bone scan or been diagnosed with osteoporosis/osteopenia?

No Yes

Have you experienced dizziness, vertigo, nausea or vomiting?

No Yes: \_\_\_\_\_

Do you have a history of injury to any part of your body? If so, where and when?

No Yes:

-----

Are you or could you be pregnant? No Yes (how far along) \_\_\_\_\_ Number of past pregnancies \_\_\_\_\_

Number of Live Births \_\_\_\_\_ Number of C-Sections \_\_\_\_\_ Number of Vaginal Births \_\_\_\_\_

Have you had any recent changes in your weight or appetite?

No Yes : \_\_\_\_\_

Karen Andrews, P.T., MTC, CSC1

(P) (240) 405-4424

[karen@keypt.us](mailto:karen@keypt.us)

## Key Therapeutics, LLC

Have you noticed any decrease in exercise tolerance or exercise induced shortness of breath?

No Yes: \_\_\_\_\_

Do you use any type of orthotic or assistive device?

No Yes : \_\_\_\_\_

Have you experienced any other illness or injury that could impact your care?

No Yes : \_\_\_\_\_

If you answered yes to any of the above and would like to provide more details below:

\_\_\_\_\_  
\_\_\_\_\_

### Social and Occupational Profile

Are you presently employed? \_\_\_\_\_Yes \_\_\_\_\_No

Physical/Emotional demands of job: \_\_\_\_\_ High \_\_\_\_\_ Moderate \_\_\_\_\_ Minimal\_\_\_\_\_

Overall activity level: \_\_\_\_\_ Sedentary \_\_\_\_\_ Light \_\_\_\_\_ Moderate \_\_\_\_\_ Heavy

Sports/Exercise: \_\_\_\_\_Type \_\_\_\_\_ Frequency \_\_\_\_\_ Duration

Use of Tobacco \_\_\_\_\_ Alcohol \_\_\_\_\_ Other \_\_\_\_\_

Have you seen or consulted with any of the following: \_\_\_\_\_ M.D. \_\_\_\_\_ P.T. \_\_\_\_\_

Acupuncturist

\_\_\_\_Chiropractor \_\_\_\_\_Massage Therapist \_\_\_\_\_Personal Trainer \_\_\_\_\_ Rehab/Pilates

Have you undergone testing or diagnostic imaging for your condition (x-ray, MRI, dexta scan, etc.)

\_\_\_\_\_

**Please list 3 goals of your physical therapy and your desired timeframes:**

1)\_\_\_\_\_

2)\_\_\_\_\_

3)\_\_\_\_\_

Is there any additional information that you would like to provide that has not been addressed in this Client Health Profile?

\_\_\_\_\_  
\_\_\_\_\_

How did you hear about us?

---

Karen Andrews, P.T., MTC, CSC1

(P) (240) 405-4424

[karen@keypt.us](mailto:karen@keypt.us)

Page 3 of 3